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# WASA Adaptations to the Laws of the Game for U6 and U7

# U6 & U7 - Laws of the Game

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|---------------------------------|-----------------------------|
| 1. The Field                    | 10. Scoring                 |
| 2. The Ball                     | <del>11. Offside</del>      |
| 3. Number of Players            | 12. Fouls and Misconduct    |
| 4. Player Equipment             | 13. Free Kicks              |
| 5. The Referee                  | <del>14. Penalty Kick</del> |
| <del>6. Assistant Referee</del> | 15. Throw-In                |
| 7. Duration of the Match        | 16. Goal Kick               |
| 8. Start & Restart of Play      | 17. Corner kick             |
| 9. Ball IN and OUT of Play      |                             |

Laws in Blue have modifications for U6 & U7

Laws with Red strikeout are not used in U6 & U7

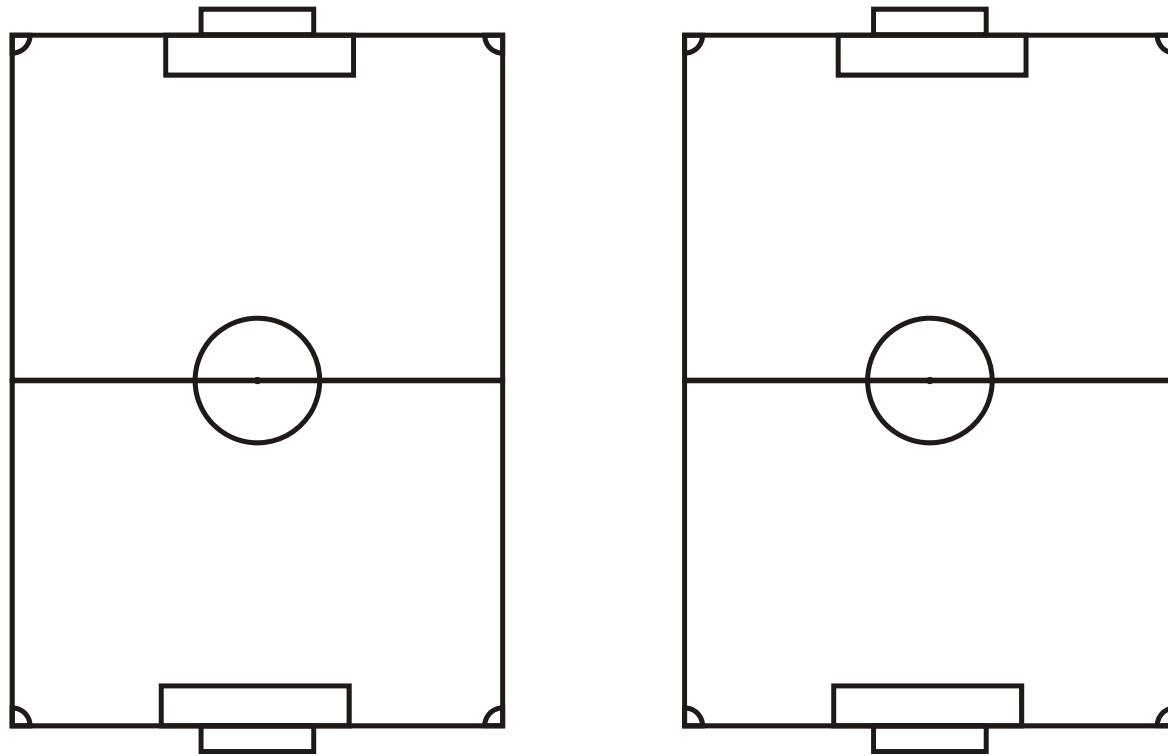
# Law 1 The Field **U6 & U7**



# Law 1 The Field **U6 & U7**

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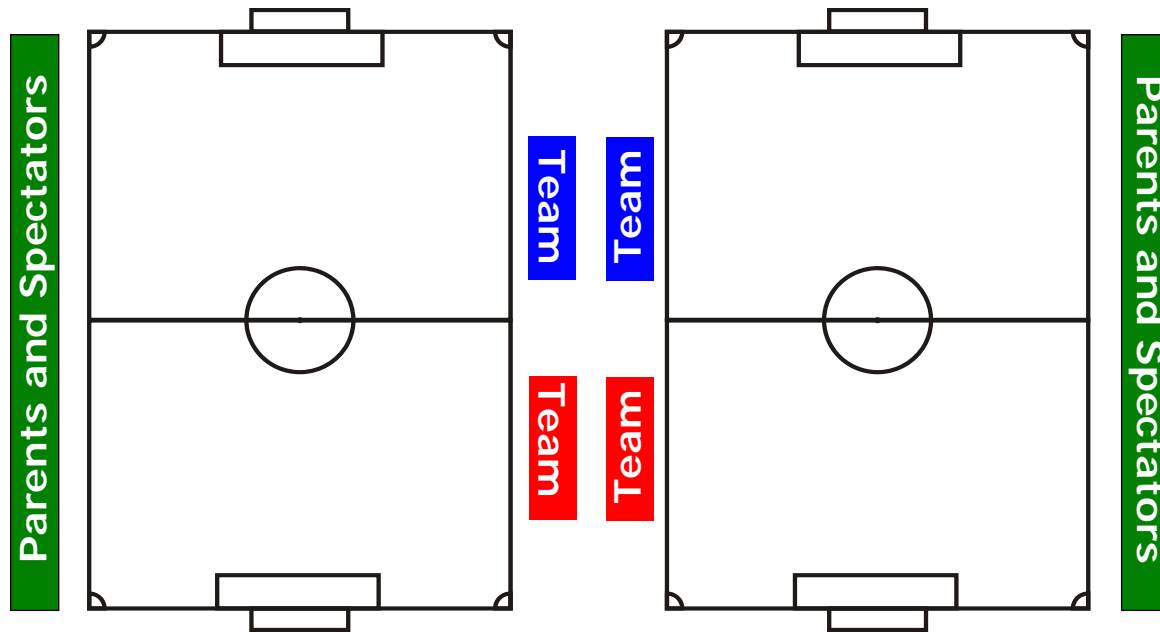
- Teams split in half and play 2 games on adjacent fields
- Each field will have a set of referees



## *During the Game*

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- Parents and other spectators should be on the opposite side of the field from the teams
- Two or three coaches are permitted on the team side
- **U6 Coaches are not permitted on the Field**



# Field Conditions

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## **If one field is fine but the other field is unplayable**

The referees on the **unplayable** field have the authority to cancel both games...

*... AFTER consulting with the other referees and the coaches*

## **Unplayable...**

80 percent of the field, and both goal areas, are free of standing water and heavy mud

# Law 3 Number of Players

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*Maximum on the field*

**U6**      **3** (No Keeper)

**U7**      **4** (No Keeper)



# Have a Game Plan?

Position planning forms are available on our website

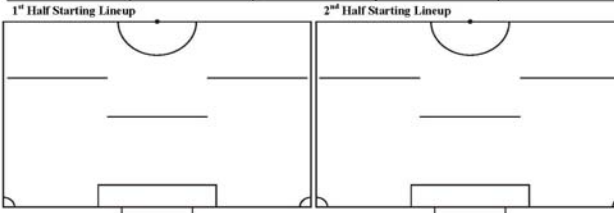
## U6 Split Team Game Plan Four 10 Minute Quarters

Game #: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_  
Field: \_\_\_\_\_ Teams: \_\_\_\_\_

**Field A** Captains: \_\_\_\_\_

No subs at quarter or half-time breaks

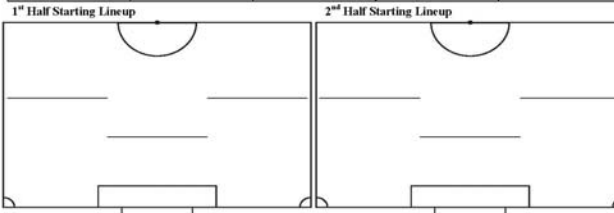
8 Min. into 1<sup>st</sup> Qtr    6 Min. into 2<sup>nd</sup> Qtr    4 Min. into 3<sup>rd</sup> Qtr    2 Min. into 4<sup>th</sup> Qtr  
Begin on Sideline    Send in for:    Send in for:    Send in for:    Send in for:    Send in for:



**Field B** Captains: \_\_\_\_\_

No subs at quarter or half-time breaks

8 Min. into 1<sup>st</sup> Qtr    6 Min. into 2<sup>nd</sup> Qtr    4 Min. into 3<sup>rd</sup> Qtr    2 Min. into 4<sup>th</sup> Qtr  
Begin on Sideline    Send in for:    Send in for:    Send in for:    Send in for:    Send in for:



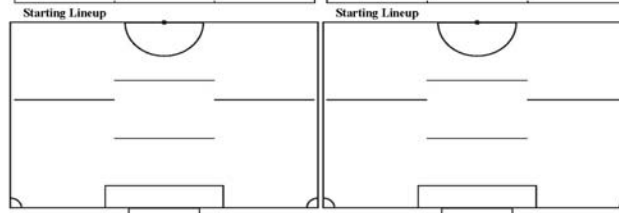
## U7 Split Team Game Plan Four 11 Minute Quarters

Game #: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_  
Field: \_\_\_\_\_ Teams: \_\_\_\_\_

**Field A** Captains: \_\_\_\_\_

1<sup>st</sup> Half (no subs at 1<sup>st</sup> quarter break)    2<sup>nd</sup> Half (no subs at 3<sup>rd</sup> quarter break)

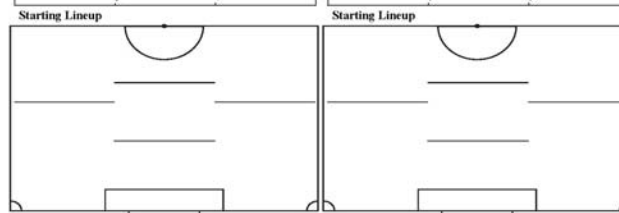
7 Min. into 1<sup>st</sup> Qtr    3 Min. into 2<sup>nd</sup> Qtr    7 Min. into 3<sup>rd</sup> Qtr    3 Min. into 4<sup>th</sup> Qtr  
Begin on Sideline    Send in for:    Send in for:    Begin on Sideline    Send in for:    Send in for:



**Field B** Captains: \_\_\_\_\_

1<sup>st</sup> Half (no subs at 1<sup>st</sup> quarter break)    2<sup>nd</sup> Half (no subs at 3<sup>rd</sup> quarter break)

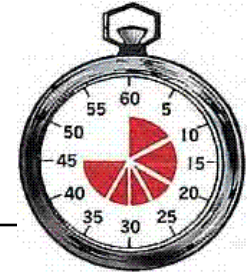
7 Min. into 1<sup>st</sup> Qtr    3 Min. into 2<sup>nd</sup> Qtr    7 Min. into 3<sup>rd</sup> Qtr    3 Min. into 4<sup>th</sup> Qtr  
Begin on Sideline    Send in for:    Send in for:    Begin on Sideline    Send in for:    Send in for:





# Law 7 Duration of the Match

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**U6** Four **10** minute quarters

**U7** Four **10** minute quarters

**Half time** **5** minutes

**Qtr Breaks** **2** minutes (After 1<sup>st</sup> & 3<sup>rd</sup> quarters)

# Open Substitution - *With Referee Permission*

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- For an injury *(If other subs are waiting, the ref may bring them all in)*
- Either team at any stoppage when the ball is off the field
  - Goal Kick
  - Corner Kick
  - Any Throw-in
  - After a goal

**This rule is now used in all WASA  
rec divisions from U6 through U12**

# Law 8 Start & Restart of Play **U6 & U7**

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- The winner of the coin toss picks the goal they want to defend  
They cannot choose to kick off
- The other team kicks off to start the game
- Teams alternate kick-offs to start each quarter
- Teams do not switch ends after the 1<sup>st</sup> & 3<sup>rd</sup> Quarters  
They are required to switch ends at half-time

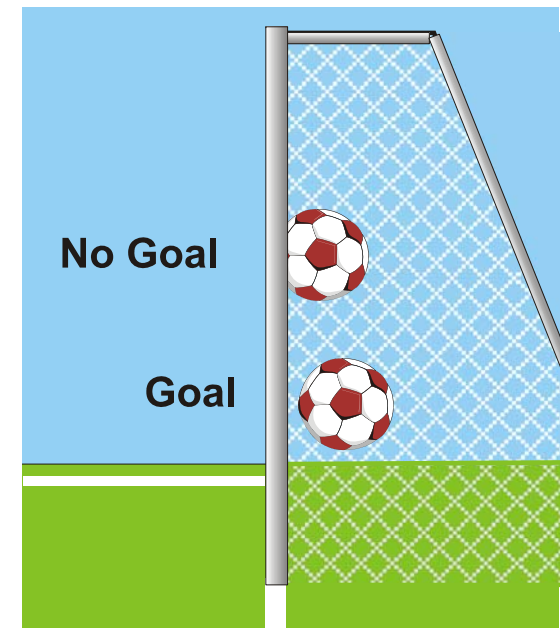
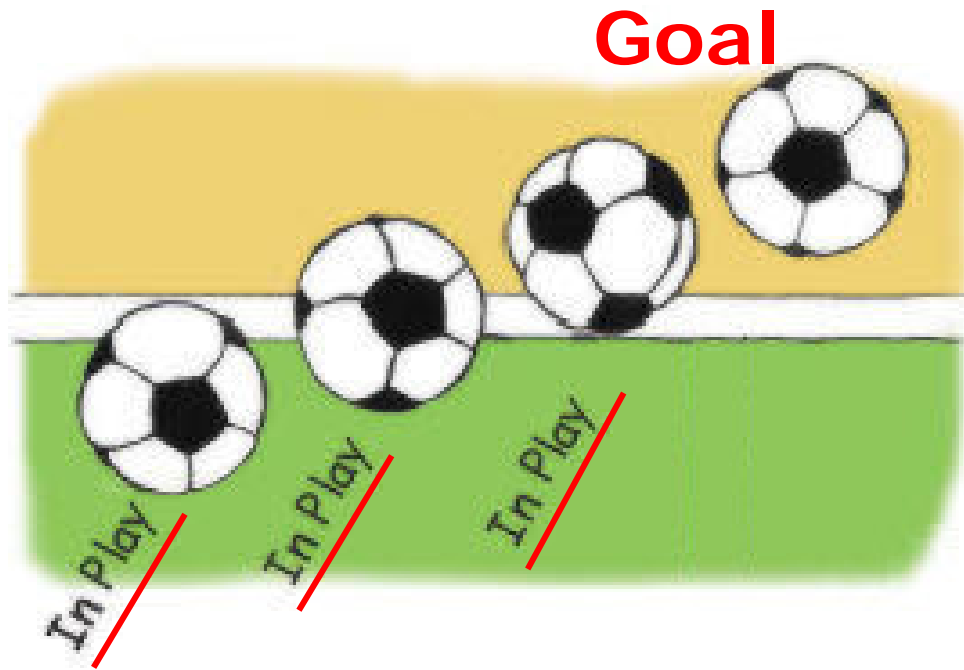


**A goal **CANNOT** be scored directly from any kick-off**

# Law 10 Scoring

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The **ENTIRE** ball must cross the goal line so that it no longer breaks the plane of the line



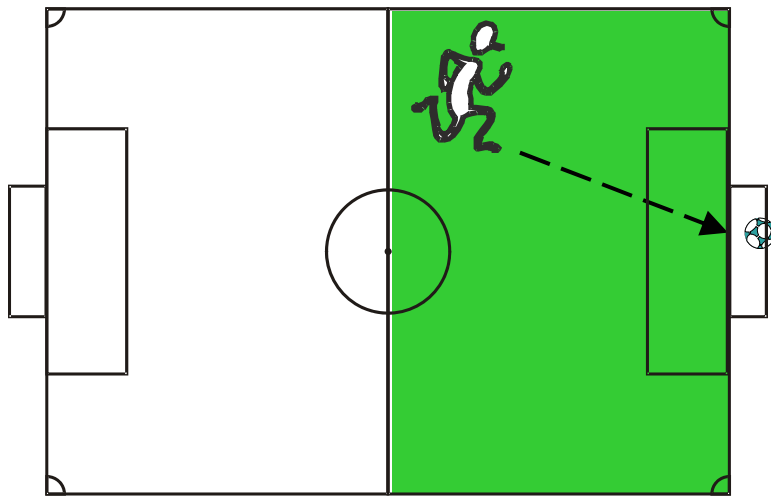
## Scoring in WASA U6 and U7

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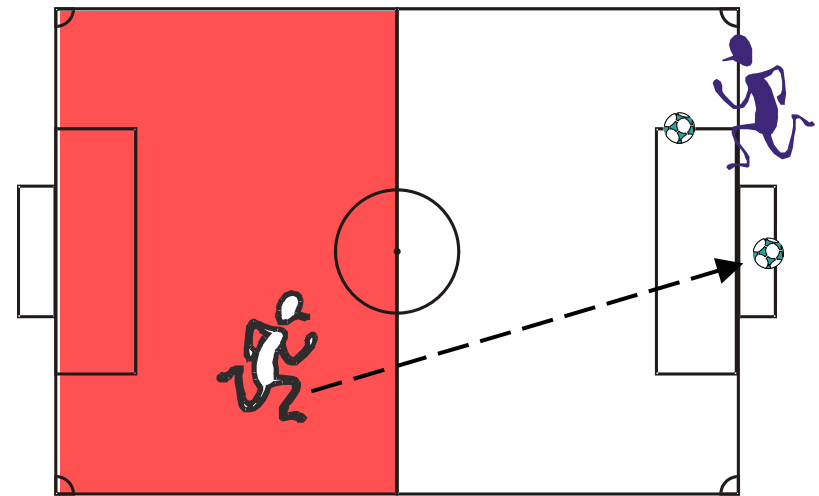
- The kicker must be in the opponents' end of the field.
- If the kick is taken from the kicking team's own end, **the goal does not count.**

Play restarts with a **goal kick** for the opponent.

**Goal**



**No Goal**



# Law 11 Offside *U6 & U7*

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**Off Side is NOT enforced**

**Cherry Picking is NOT penalized**

# Law 12 Fouls and ~~Misconduct~~

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## In WASA U6 & U7

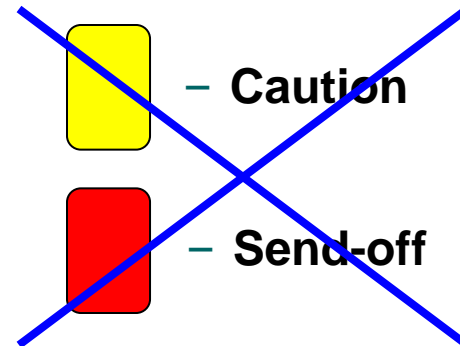
Fouls:

**ALL** fouls are penalized with  
an **Indirect Free Kick**



Misconduct:

**Cards are not used**



# *All Direct Free Kick Fouls are Enforced*

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- **Striking** (or attempting to strike) an opponent
- **Kicking** (or attempting to kick) an opponent
- **Tripping** (or attempting to trip) an opponent
- **Jumping at** an opponent
- **Charging** an opponent
- **Pushing** an opponent
- **Holding** an opponent
- **Illegally tackling** an opponent  
(contacting the opponent before contacting the ball)
- **Spitting** at an opponent
- **Deliberately handling** the ball
- *In WASA...* **Slide tackling from behind**

***U6 & U7***  
**DFK fouls are**  
**Penalized with an**  
**Indirect Free Kick**



# Indirect Free Kick Fouls **U6 & U7**

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## Keeper

- Holds the ball more than six seconds

**Only these four  
IFK Fouls  
are enforced**

- **More** than six seconds
- **Not** kicked directly from a throw-in by a team mate

- ~~○ Offside~~
- **Dangerous play**
- **Impeding an opponent**
- ~~○ Preventing the keeper from releasing the ball~~
- **Double Possession**  
**2<sup>nd</sup> touch on start or restart**
- ~~○ Any **onfield** offense which causes play to be stopped to caution or dismiss a player (trickery in passing the ball to the keeper)~~
- *In WASA, **slide tackling in divisions U10 and below***

# Law 13 Free Kicks

**U6 & U7**

## **Indirect**

The ball must be touched by another player before a goal can be scored



## ~~**Direct**~~

~~A goal may be scored directly from the kick~~

**All free kicks are**

**INDIRECT**

**This includes:**

**Kick offs, Goal Kicks,  
Corner Kicks, Kick-ins,  
and Kicks after fouls**

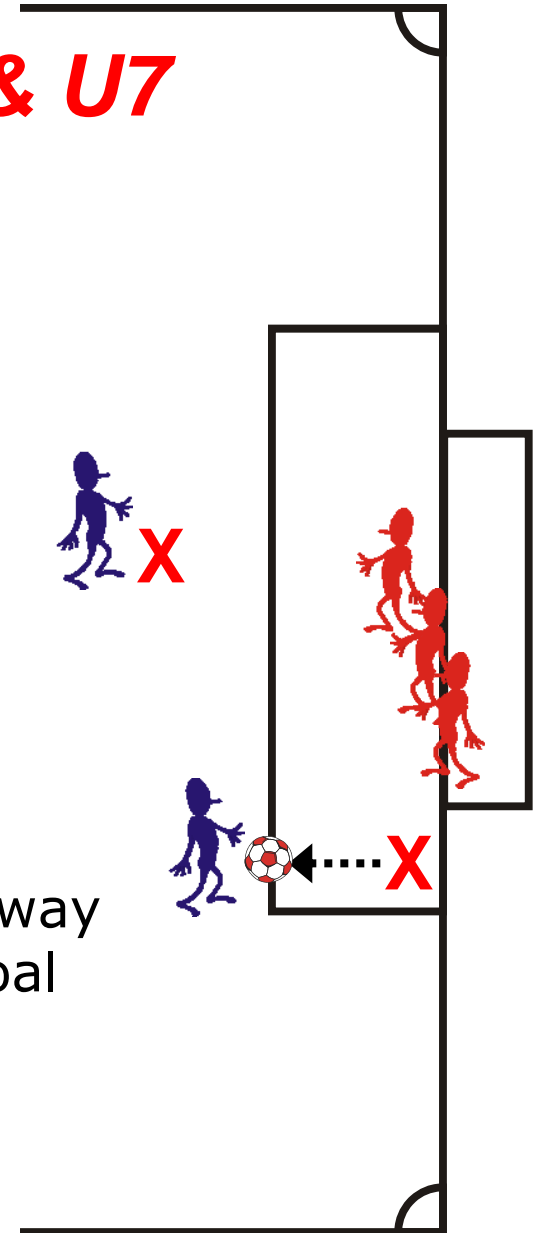
# Law 14 Penalty Kick ~~U6 & U7~~

## There are no penalty kicks

An indirect free kick is awarded at:

- The spot of the foul *or*
- (If the foul occurs inside the goal area)  
the closest spot on the goal area line  
that is parallel to the goal line

Defenders are allowed to line up 4 yards away  
or closer than 4 yards if they are on the goal  
line in the goal mouth

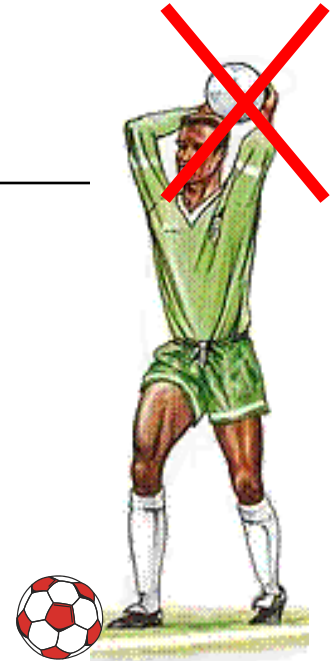


# Law 15 Throw-In *U6 & U7*

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The ball is "Thrown-In"  
with a **KICK-IN**

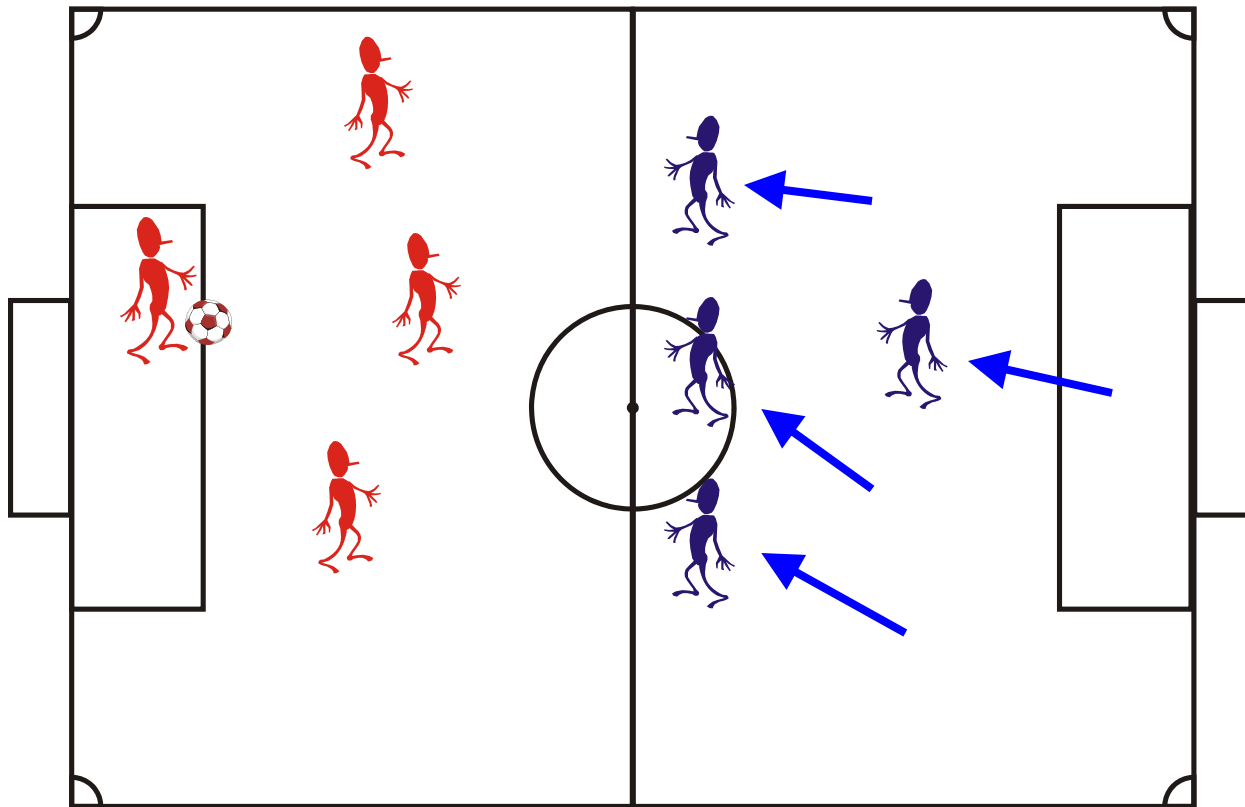
- The ball is placed on the sideline
- A player then kicks it into play
- Opponents must be 4 yards away
- A goal cannot be scored directly from a kick-in



# Law 16 Goal Kick **U6 & U7**

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- Kicking team players are allowed anywhere at any time
- **Opponents must be in their own end until the ball is in play**



# Law 16 Goal Kick **U6 & U7**

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- The ball is in play when it is kicked and moves
- The kicker may not play the ball again until it has touched another player  
*(free kick to the opponent at spot of the 2<sup>nd</sup> touch)*

