

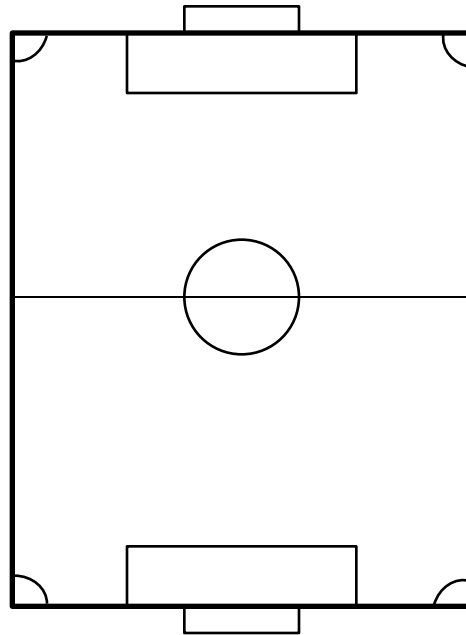
# U5 Division Guidelines

## The Field of Play:

Length: 25 yards  
Width: 20 yards  
Goal Area: 9 yards by 3 yards  
Goal Posts: Flags or cones (9 yards apart)  
Corner Arcs: Yes

## Field Markings:

The field of play is divided into two halves by a halfway line. A center mark and surrounding 3 yard radius circle is located at the midpoint of the halfway line. Goals are 3 yards wide and located at the center of each goal line. Goal areas extend three yards onto the field and three yards from each of the goal posts.



**Ball:** Size 3. Each child should bring a size 3 ball to practices and games.

**Number of Players:** A team consists of 4 or 5 players.

**Match Play:** Matches are played with 4 players from each team (4 v 4) if each team has 5 players or with 3 players from each team (3 v 3) if either or both teams have 4 or fewer players. There are NO goalkeepers.

**Duration of Match:** The match is divided into four 7 minute quarters. There are 2 minute breaks after the 1st and 3rd quarters. Half time is 5 minutes. A coach or a sideline volunteer may keep time.

**Playing time:** Each player SHALL play a minimum of 75% of the total playing time (i.e., each player may not sit out more than 1 quarter).

**Player Equipment:** All players must wear shin guards. A player without shin guards is not permitted to play. Non-uniform clothing is allowed based on weather conditions, but must still distinguish teams. Soccer shoes are nice but not required. Tennis shoes are fine.

**Referee:** Coaches or parents may act as referees. All infringements shall be briefly explained to the offending player.

**Fouls and Misconduct:** All fouls shall result in a direct free kick (i.e., you can score from a free kick).

**Free Kicks:** All free kicks are direct and opponents are at least four (4) yards from the ball until it is in play.

**Penalty Kick:** There are no penalty kicks

**Throw in:** The ball may be thrown in or kicked in (preferred) with the opponent four (4) yards away from the ball until it is in play.

**Goal Kick:** The goal kick should be anywhere within the goal area. Opposing players must be four (4) yards away from the ball until it is in play.

**Corner Kick:** Opponent remains at least four (4) yards from the ball until it is in play.

**Score:** U-5 Soccer does not keep score. **The main objective is to let the kids have fun!**

**Addition Coaches Information:**

- In case of rain the coaches, **not the U5 coordinator**, make the decision to cancel and reschedule the game. Make sure you talk with your opposing coach.
- Each coach is required to have flags or cones to mark the goals during the game.
- The key ideas the kids need to learn are to not use their hands and to kick the ball down the field through the correct goal.
- Coaches need to develop a snack schedule. Snacks (e.g. juice box and treat) should be brought to each game for kids to enjoy after the game.
- Kids may get dirty and muddy. Dress accordingly!
- Don't be surprised if the children want to stay by their parents at first instead of playing. Encourage them to play!
- WASA uses a size three soccer ball through age 8. Each child should bring a size three ball to practice and games.
- Coaches typically hold 2-4 practices before the season begins. Although no practices are generally scheduled during the season encourage your team to show up 15 – 20 minutes before the game to practice.